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## **Newsletter: January 2008**

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### **Club Membership – New for 2008**

The club in 2007 attracted a lot of new interest. This new interest has showed us that we have a great club. For it to continue to grow this coming year and in order for the club to remain professional, we are going to introduce club membership.

Students and instructors need to know what to expect when they are training at the club. We have created some rules that students of the club will need to abide by in order to train with us. Many of the “unwritten rules” of the club are being formalized. This is to protect the students and the instructors and is nothing to worry about. However, if you do have any concerns, please discuss them with your instructor.

The membership will be renewable annually. You will not need to join the club straight away, but as you progress into doing more advanced technique, then it will become necessary. Under normal circumstances, you will need to join inside 3 months. Your safety when sparring and working with pads will be maintained because of this. If you are working with someone who is not insured or licensed, then this could affect your own policy.

There are **two** types of membership: new membership and renewal, both last for 12 months.

#### **New membership**

**Those who do not have insurance** will be required to join as new members and complete all necessary forms. Once you are a new member, you will receive important information which you will need to keep and some hand wraps to get you started. You only need to join as a new member once, when this expires, you will be required to renew. New membership includes:

- Membership info
- Black Hand wraps
- BCA insurance and grading book
- BCA mini license certificate
- Insurance policy details
- Kit ordering information and size chart
- Leaflet and class details
- Newsletter (if applicable)
- 4Real Club disclaimer (2 copies, one for you, one for the club)
- **Cost: Junior (under 16 years) £20 - Senior £23)**

## Renewal

**Those of you, who have insurance**, will only need to sign the form and return it to your instructor. When your insurance expires, you will need to pay the renewal fee and complete the form meaning you will be licensed, insured and a member of the club from 12 months of that date of the renewal. Once you have renewed, you will receive important renewal information which you will need to keep. *Included in the renewal:*

- BCA insurance and grading book
- BCA mini license certificate
- Insurance policy details
- Kit ordering information and size chart
- Leaflet and class details
- Newsletter (if applicable)
- 4Real Club disclaimer (2 copies, one for you, one for the club)
- **Cost: Junior (under 16 years) £18 - Senior £21)**

A copy of the form is attached to this letter. Please complete and sign the form. Return the form, with a cheque payable to "Chris Reeve" or the correct amount of cash in a sealed envelope to Chris no later than **Tuesday 29<sup>th</sup> January**.

## 2007 Review

In 2007 the club had some great achievements, we had students gaining all kinds of grades and lots of effort was put in by the students and the instructors. It was a very successful year and we are planning to recognize this achievement by having a presentation night. Some awards will be given out so make sure you are there.

**Well done for your efforts in 2007. Keep it up and Happy Training for 2008!**

## Training in 2008

You, the students are the best adverts for the club. We encourage new students and want the club to continue to grow in 2008. Please invite your friends and family to come and train. Also, remember to promote the club where you can.

## Club Uniform

Club T-shirts are available; sizes in stock at the moment are Small and Large. They are black, with a small logo on the front left and a larger one across the back. They are 100% cotton and are ideal for training. Trousers are also available, they are better than Adidas trousers because they are shaped to allow for higher kicks. T-Shirts are £15 and Trousers are £16.