

Membership Application Form

Chief Instructor:
Justin Macreadie 07919 413 047

Assistant Instructor:
Chris Reeve 07732 880 576



Surname:		First Name:	
Address:		Sex (M / F):	
		Date of Birth:	
Postcode		Telephone No:	
Current Grade		Insurance Expires on:	

4Real Freestyle Kickboxing Academy will teach you freestyle kickboxing and practical self defence; this includes hard physical exercise, stretching, conditioning and technique.

If you are in any doubt about your health or fitness, please consult your doctor before taking part in any physical exercise.

This membership includes British Combat Association (BCA) licence and insurance. The club has a duty of care to ensure all members have a valid licence and insurance.

We teach you how to defend yourself, **not** to inflict harm unnecessarily.

Kickboxing is a contact sport and all participants train at their own risk.

The club can not be held responsible or liable for injuries or losses gained whilst you are training.

If you are under 16 years old you need to be supervised by a parent or guardian whilst training.

If you have any kind of injury, you must notify the instructor before the class commences.

All instructors are licensed and insured as instructors with the British Combat Association.

The instructors have the knowledge and experience required to teach and are always increasing their knowledge of kickboxing and self defence by attending BCA courses.

The cost of new membership is £20 for Junior (under 16) and £23 for senior. The cost for renewal is £18 for Junior (under 16) and £21 for senior. It is strictly renewable annually.

Print	Signed	Date

The club will only disclose the information necessary to obtain your BCA insurance. It will not disclose any of your details to anyone except the instructors of the club.

Parent or guardian must sign if under 16. By signing this form you agree to the terms and conditions above.